



The framing goes up marking the half way point in the build.

Golly gosh it's underway!

It's incredibly exciting to see the vision for a bold and modern new children's hospital becoming a reality. When complete, construction of the steel framing for the three-storey building will mark the half way point in the build and we were delighted to have benefactors Mark Dunajtschik and Dorothy Spotswood accompany the Minister of Health, The Hon. David Clark on a recent visit to the site to mark this special milestone.

The main hospital structure will consist of more than 950 tonnes of structural steel, and 1.2km of floor beams sized and fabricated specifically for this building. The steel columns sit on 45 'triple pendulum friction'

proprietary-designed isolator bearings, which is the same technology that is installed in Apple's new Corporate Headquarters in California – one of the top 10 largest base-isolated buildings in the world.

A massive thank you for your support of our "All Brand New" Children's Hospital appeal to outfit and equip the interior of the new children's hospital so far. Bill Day, Chair of the Foundation said, "Together we will make this a truly special children's hospital, with world-class medical, family and outdoor spaces that will help sick kids recover more quickly and serve our children and grandchildren well for many years to come."



Benefactors Dorothy Spotswood, Mark Dunajtschik and The Hon. David Clark visit the site

950 TONNES OF STRUCTURAL STEEL

1.2km OF FLOOR BEAMS

45 TRIPLE PENDULUM FRICTION PROPRIETARY-DESIGNED ISOLATOR BEARINGS



A New Regional Children's Hospital



Artist's impression of the new children's hospital

New Faces for WHF Board

We are delighted to welcome two new members to the Wellington Hospitals Foundation Board of Trustees. Fionnagh Dougan, is the new joint CEO of the Capital and Coast and Hutt Valley District Health Boards and has significant experience in healthcare management,

most recently as CEO of the Children's Health Queensland Hospital and Health Service. We are also very pleased to welcome Corinne Cole who has a great deal of experience working for community organisations and as a patent attorney and solicitor.

A Message from the Chair



"Spring is in the air"

How wonderful to see our new children's hospital framing going up. Mark Dunajtschik and McKee Fehl (donor and builder) are making great progress.

By Christmas all framing will be in place and the builders will begin to close the hospital in.

Thank you if you have already made a donation to our new children's hospital. We appreciate you helping us to achieve \$6 million to fully equip our new hospital out.

We want to make this children's hospital one of the best in New Zealand. Come join us on this wonderful journey for sick children.

Bill Day MNZM, JP
Chair

What's coming up and how you can help

The House that Wellington Rugby Built

What's the buzz? Wellington Regional Children's Hospital's long term charity partner, Wellington Rugby, has almost finished building a house to support Junior Rugby and the New Wellington Regional Children's Hospital – and the auction's getting closer! Watch this space for details of the auction and other fantastic prizes!



Countdown Kids Hospital Appeal

Countdown have been tremendous supporters of Wellington Regional Children's Hospital now for over 12 years. Shona Brunton of the Foundation said, "Countdown staff and customers make an enormous difference to our children's health and we are delighted they are funding all the high-tech, electronic beds for the new children's hospital." Please support the appeal when you are shopping at Countdown stores throughout the Wellington region.



Walk Through the Heart of the City

2 November

This year's sponsored Walk Through the Heart of the City is raising funds for a plumbed water cooler for the Heart and Lung Unit's newly refurbished patient lounge.



You can continue to support the Heart and Lung Unit by donating online at whf.org.nz

Additional community thanks...

...over the past few months the Foundation, with the generous support of our donors and charity partners, has also funded the following items:

Wellington Regional Children's Hospital

- Play Specialist Funding to cover toys, games and other resources
- Annual Funding for Three Aquariums
- Six Chair Beds to enable parents/whanau to stay with their child
- Toys and resources for the Child Development Service for young patients with physical, sensory and intellectual disability

Simulation and Skills Centre

- Four 55" televisions for the centre to enable staff to watch and evaluate training procedures which have taken place in the Simulation Suite.
- Two Ipad with smart Ultrasound apps will also support technical training and professional development.

Child friendly waiting areas

- Distraction therapy resources, toys and artwork across many areas of the hospital.

Ipads help ICU patients communicate

Unfortunately we have many long-term ICU patients who face significant challenges with communication, particularly those who have had tracheostomies or suffered a brain injury. This can be an incredibly frustrating part of a person's treatment and recovery, because even when they are able to speak again, they often have trouble being understood. Having access to a Foundation funded Ipad helps enormously, as there are many Apps that not only aid with communication but also provide cognitive support, improve concentration and help reduce boredom.



Help your hospital



Become a Well Wisher (regular giver) and regularly support the: New Children's Hospital Equipment Fund, Cancer Unit, Heart and Lung Unit or an Area of Greatest Need.

Or DONATE online now at whf.org.nz. You can donate to an area of choice within your hospital, and your donation will help ensure we can provide the best health care possible for everyone.

Contact us on 04 806 2332 to find out more.

DONATION TAX REFUND

Did you know that you can claim back a tax refund of up to 33% for you donation? For more information or to make a claim, head to IRD's website: www.ird.govt.nz/income-tax-individual/

P.S. Follow us on Facebook to stay up date with news and stories from your hospital. Search www.facebook.com/wellingtonhospitalsfoundation and like our page.



Thank you to all our Charity Partners/Major Funders:

- Buddle Findlay Child Health Foundation ■ Capital City Motors ■ Child's Play Charity ■ Countdown Kids Hospital Appeal
- DLA Piper ■ Four Winds Foundation ■ Infinity Foundation ■ Jack Jeffs Charitable Trust ■ Lions International District 202M
- New Zealand Community Trust ■ One Foundation ■ Pelorus Trust ■ ProMed Technologies Ltd ■ Pub Charity Ltd
- Rotary District 9940 ■ The Lion Foundation ■ The Southern Trust ■ TG Macarthy Trust ■ Trust House Foundation
- Wellington Community Trust ■ Wellington Rugby Football Union ■ Weta Workshop ■ and all our supporters

Your support makes a
huge difference

Our vision is for every sick person in the greater Wellington area to have the best possible healthcare, with access to world-class research and clinical treatment in a healing environment.

Bill Day, Chair of the Foundation says, “Your generosity, whether it’s as a regular or annual giver, as a corporate sponsor and charity partner, or as one of our amazing volunteers; is an enormous gift to our patients and their families. Your help allows us to bridge the gap in government funding and support our hospitals to provide the best care possible.”

We are very pleased to share with you some of the essential medical equipment, environment enhancing resources and wonderful care items that your donations have made possible across our hospitals recently.



Portable X-Ray machine helps Wellington surgeons to help patients

A lack of portable x-ray machines in our operating theatres has often resulted in significant disruption and delays for patients. The Foundation was very pleased to be able to buy, with The Lion Foundation's wonderful support, a portable C-Arm Mini View System (portable x-ray machine) for use during surgical procedures. The compact unit can be manoeuvred into any position and the arm extends to allow for in situ x-ray images to be taken so that our surgeons can check positioning when replacing joints or securing nasty fractures with plates and rods. Having this surgeon-operated portable x-ray machine will greatly improve the speed and quality of care that our fantastic clinical teams can offer.



Sternotomy mannequins help in medical training

Practicing on plastic first!

The first ever open heart surgery in New Zealand was conducted **61 years ago**. Since then

thousands of Kiwi families have been affected by heart disease and sadly this is one of New Zealand's leading causes of disability and death. Surgeries in which the chest is opened or 'cracked', for heart transplants, corrective surgery for congenital heart defects, or coronary artery bypass surgery; are complex and technical, and the Foundation was pleased to fund, a Sternotomy Mannequin for the Intensive Care Unit at Wellington Regional Hospital. Using mannequins in highly technical clinical simulations allows future and current surgeons to 'practice on plastic' first!



*A young patient arrives
at theatre in style*

Having an operation can be very scary, even for the bravest among us! To help make the experience a lot less frightening and overwhelming for our wee patients, the Foundation recently funded a fleet of **5 super cool electric cars** for children to travel to theatres in, at both Wellington and Kenepuru Hospitals. We hear the budding Greg Murphy's have been making sharp turns along some of the hospital corridors!

Sick kids drive super cool cars to surgery

Refurbishment of the Heart and Lung Unit's Patient Lounge

2850 patients are seen by The Wellington Regional Heart and Lung Unit each year, many having angiograms for coronary stents, heart valves or other diagnostic procedures, and there are over **500** heart and lung operations performed every year. Leanne Havill, Nurse Educator explains that "Refurbishing the patient lounge and installing a 55" TV along with a calming sea mural has been wonderful and made the space much more comfortable and inviting for our patients and their families, many of whom spend long periods in the unit recuperating."



*A fresh look for the
Heart and Lung Unit.*



Photo: Bob Zuur.

Young opera stars help raise funds for our new children's hospital

The Rotary Club of Wellington's benefit concert, 'Singers to Listen For,' in support of our new children's hospital, was a magnificent evening of opera and comedy. MC extraordinaire Rodney Macann from the Kiri Te Kanawa Foundation is passionate about the upcoming generation of young New Zealand Opera Singers, and the evening's young singers, Eliza Boom, William King, Manase Latu, Ipu Laga'aia, Samson Setu and Joe Haddow accompanied by Terrance Dennis on the piano, were all incredible and have stunning careers ahead of them. We are very grateful for Wellington Rotary's ongoing support, which takes us all another step closer to ensuring that we have a modern and well-equipped new children's hospital.



ICU mural

'Study the Art of Science and the Science of Art' – Leonardo De Vinci

Carefully curated and commissioned artwork in our hospitals makes an enormous difference to the environment. Art provides therapeutic benefits which aid in recovery and provide a calming or stimulating environment for patients and their families. With your help we have been able to commission two wonderful large scale art installations for your hospitals.

The first is a gallery of uniquely Kiwi-inspired Memory Murals by artist Rachel Benefield at Kenepuru Hospital. Bold and detailed panels bring iconic Kiwi moments to life for Kenepuru's elderly patients, many of whom are living with dementia. Nurse Manager Mikaela Shannon explained that they, "Draw people in and provide patients with opportunities to engage and interact with their environment."

The second mural, by artist Rosa Friend, has been installed outside Wellington Regional Hospital's Intensive Care Unit. It is a restful and restorative sneak peek through native New Zealand bush to a summery Wellington harbour.



Memory Murals at Kenepuru aid in the care of those with dementia

Our Volunteers are
**simply
amazing**



Lotto films one of our amazing volunteers

Knit One, Pearl One, Pass the Slipstitch Over...

We were thrilled that Lotto profiled one of our talented and dedicated volunteer knitters, Christine Dickinson, during a recent live draw. Christine, and many other knitters, sewers and quilters like her, craft thousands of beautiful handmade garments and other items for our youngest and young-at-heart patients. With Lotto's help we have been able to buy beautiful merino wool to help keep those knitting needles flying!

Wellingtonians give generously to support the Annual Wellington Children's Hospital Street Appeal

Thank you Wellington! And an enormous thanks to all our volunteer collectors who were essential to the success of this year's Annual Street Appeal. Their dedication (even on a cool, grey Wellington day), good humour, fun and warm engagement with people on the streets was outstanding. Our annual appeal helps fund medical equipment, and care and comfort items that help sick kids like six year old Eddie and his family.



*Your support helps sick
kids like Eddie*



One of our wonderful
volunteer collectors