

WINTER 2018

Hospi's Pyjamas for Winter Appeal

Wellington Hospitals Foundation's 'Hospi's Pyjamas for Winter Appeal', has been a roaring success! The appeal was launched following demand from Wellington Regional Children's Hospital for new pairs of pyjamas to keep sick kids warm at night.

Thanks to the incredible support of the Wellington Community, over 5000 pairs of pyjamas have been distributed to children both who stay in the Children's Hospital, and those who are seen at home by Wellington Regional Children's Hospital's Paediatric Community Nurses.

Paediatric Community Nurse Kerry Dellabarca told us, "We recently visited a little girl in a small, cold house up on the hills. She absolutely loved the pyjamas, but what was so special was the next day I visited her and she hadn't taken them off! I walked in the door and she said, "Hey Kerry, look at my new pyjamas!" Thank you so much to everyone who has donated to the appeal, you have truly made a difference to the lives of Wellington children this winter."

A special mention must also be made to all the businesses and community groups who have got behind the appeal, including; Cigna Life Insurance, Karori Community Group, The Park Early Learning Centre, Kapiti Coast District Council, and Mount Victoria Rotary.

Thank you once again to the Wellington Community for helping keep our sick kids warm this winter.

You can still donate to the appeal at whf.org.nz/donate





Wellington Regional Children's Hospital Clinical Nurse Specialist Charlotte Stanczuk, with Paediatric Community Nurses Kerry Dellabarca and Helen Orr and some of the pyjamas.

New Wellington Regional Children's Hospital update

Dear Supporter,

The DHB continues to work closely with Mr Dunajtschik (New Children's Hospital builder and donor) on the plans for our New Regional Children's Hospital. Considerable progress has been made to date. The site has been identified, the demolition of two old buildings has taken place, and the site is being prepared.

You will hear more shortly when the building will begin.

Children's Hospital staff are as excited about the new hospital as we all are. Professor Mark Stringer, Paediatric Surgeon says, "The most exciting thing for us staff, is the quality of care that we will be able to provide with the new children's hospital." This project is a great project for Wellington and our regional children who need the services of our wonderful doctors, nurses and support staff.

Everyone will be kept informed closely when the building begins. With my kindest regards



Bill Day MNZM, JP Chair.

Mark Dunajtschik says to Grant, his business partner, "It goes here!"





Radiology Waiting Room gets a Makeover!

The Foundation is proud to have funded a new children's play space in the Radiology Department waiting room at Wellington Regional Hospital. The area is complete with wall mounted toys, activity tables, colourful furniture and books, as well as some friendly Hospi decals on the wall. Hilary Hopkinson from Radiology Services told us that, "The area is being used and enjoyed by children of all ages. The space helps families feel welcome and relaxed during their visit to Radiology." It's great to hear the new toy and Hospi additions to the waiting area are improving patient's experiences in Radiology.





Countdown Kids Hospital Appeal was another great success in 2017. This year, with the support of Countdown Supermarkets and their customers, \$109,000 has been raised for Wellington Regional Children's Hospital. All funds raised have gone towards purchasing a variety of medical equipment for the Neonatal Intensive Care Unit, Children's Clinic and the Child Development Service. Purchased items include, a myAiro 2 Humidifier for the Wards, a Griffiths Kit for Child Development Service and a BRAINZ Monitor for NICU. Thank you once again to Countdown, one of Wellington Hospital Foundation's major charity partners, who over the past 10 years have raised over \$1.2 million for Wellington Regional Children's Hospital.

Foundation supplies Emergency Clothing for Patients

Thanks to the support of our donors, the Foundation has recently been able to purchase emergency clothing supplies for Wellington Regional Hospital patients. When patients come in to hospital in an emergency situation, they often only have the clothes they stand in. These clothes may have to be physically cut off them by staff, leaving them nothing to go home in. The Foundation now provides basic clothing for these patients. Local clothing supplier Brazen also generously donated a dozen sweatshirts to add to the Foundation's supply. Thank you for helping us provide crucial clothing for Wellington Regional Hospital patients.

Rotary Jumbo Tennis Tournament – a huge success!

Thank you to the Rotary Club of Wellington, for once again hosting a highly successful and enjoyable Jumbo Tennis fundraiser. First introduced to Wellington in 2009 by the Rotary Club of Wellington, Jumbo Tennis is a fun, quick-fire, team event, played with oversized racquets. Each year the tournament supports several charities, and this year Wellington Regional Children's Hospital was delighted to be one of the chosen charities.

Wellington Hospitals Foundation had five teams representing them at the tournament, two of which were made up of staff from Wellington Regional Children's Hospital. The money raised will go towards the New Children's Hospital Equipment Fund. Thanks Wellington Rotary for your ongoing support!



Deloitte Funds New Equipment for the Neonatal Intensive Care Unit

This year staff at Deloitte Wellington have made a generous donation to Wellington Hospitals Foundation, which has enabled the purchase of specialist equipment for the Neonatal Intensive Care Unit at Wellington Children's Hospital. With these funds a ZepHr Reflux Monitoring System has been purchased, which allows clinicians to accurately diagnose and treat gastro oesophageal reflux in both premature and full term babies. Thank you Deloitte Wellington for making a difference to the lives of many babies and their families. Thanks to you, Wellington Neonatal Intensive Care Unit is the only unit outside of Auckland to provide this service.

We love our volunteers!

Did you know that Wellington Hospitals Foundation has a team of over 450 volunteers?

Our hospital volunteers are an integral part of health care in the Wellington Region, performing a number of roles throughout Wellington's Hospitals. Last year our volunteers gave over 13,000 hours of their time to support staff, patients and the Foundation. We are incredibly grateful for the contributions and hard work of all our volunteers, whether you are a guide, knitter, musician, Emergency Department volunteer, or anything else in-between.

Here we would like to share with you just a snapshot of some of the work our volunteers have been up to recently.

Meet Dr Alastair Macdonald and Jenny Keate

Here at Wellington Regional Hospital, we are lucky enough to have guitar duo Alastair and Jenny play in the atrium on



a regular basis. Dr Alastair Macdonald was a Renal Physician here at Wellington Hospital from 1976 until 2015. In 2015 he retired from that position and is now a Clinical Ethics Advisor when he's not playing his guitar! Jenny Keate is Alastair's neighbour, and together they enjoy playing a mix of Bluegrass and Irish traditional music. Alastair told us that, "One of the most joyous things to see, is when people recognise the tunes we play and smile, it's priceless! We believe that music is an essential part of everyone's lives!" Thank you for providing music for us all Alastair and Jenny!

Meet Christine Kleingeld

Christine Kleingeld, has been knitting for Wellington Hospitals Foundation for the past nine years! Over this period she has done everything from knitting baby socks, to teaching patients to knit while they are on bedrest. Recently Christine has taken to knitting these gorgeous monkeys to sell in the Hospital Gift Shop and they have been a huge success. Christine your monkeys are loved by everyone!





If you would like to join our volunteer team, please email





2018 Street Appeal – we need your help!

Wellington Children's Hospital's Annual Street Appeal will be held on Friday 24th August 2018. We are calling for volunteers across the Wellington region to help us collect on the day. Please consider giving two hours or more of your time to help 1000's of sick children in our region. All funds raised will go towards medical equipment and care items for Wellington Regional Children's Hospital. Thanks to all those who have already signed up, we couldn't do it without you!

If you are able to help, please sign up here: www.signup.com/go/ WCHStreetAppeal or email streetappeal@whf.org.nz



Xanthe's Birthday **Fundraiser**

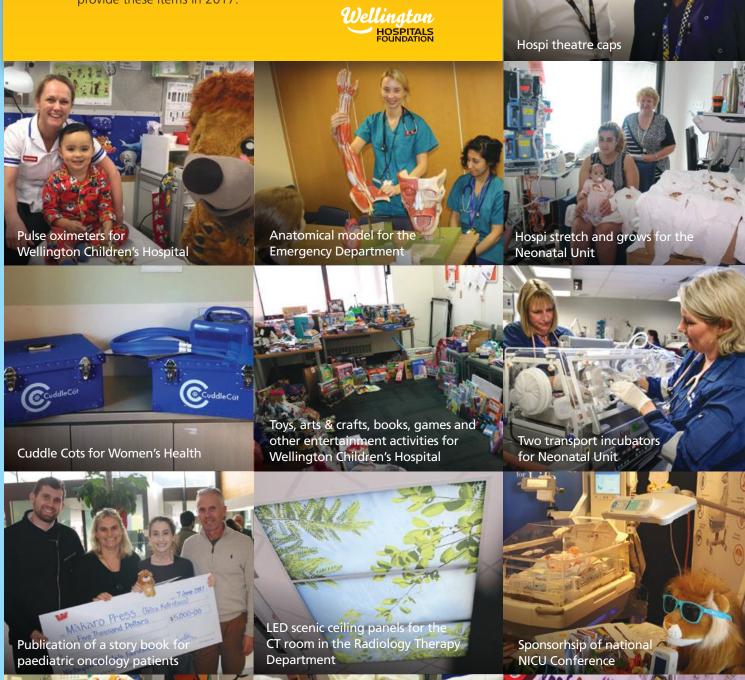
We are very grateful to all individuals and community groups that fundraise for the Foundation. We would like to make a special mention of Xanthe Mead, who for her 8th Birthday asked for donations to Wellington Children's Hospital instead of presents. She raised a total of \$422 at her movie birthday party. We met Xanthe and her family at Wellington Regional Hospital to say a very big thank you.

Thank you

we have all made a huge impact.

With the support of you and the community we were able to provide these items in 2017.





Endoscopes for Wellington Children's Hospital

Over 6000 soft toy Hospis for children who come in to hospital

Hospi clinic at Very Welly Christmas!



New Wheelchairs donated for Wellington Regional Hospital Patients

The Foundation, along with Wellington Regional Hospital staff, are very grateful to Mrs Lalita Jetly who, along with her family, has generously donated ten new wheelchairs to the hospital. Mrs Lalita Jetly was a patient at Wellington

Regional Hospital, and noticed that wheelchairs were sometimes in short supply. The wheelchairs she donated are being used in the atrium for patients when they first arrive to hospital. Pictured is Lalita's son, daughter-in-law and grandchildren who attended the presentation of the wheelchairs.



New Equipment for the Child Development Service

With community support, the Foundation has recently funded several items for the Child Development Service, to improve young patient's treatment and experience. The Child Development Service works with children aged 0-16, who have or are at risk of an intellectual, physical or sensory disability.

Firstly, the Foundation have funded a set of Paediatric Parallel Therapy Bars. These bars help provide therapy to children with physical disabilities needs and movement disorders. Exercises using the bars help to improve children's balance, coordination and strength development.

Secondly, The Lions Club of Wellington have very generously funded a Treadsafe Playground for the Child Development Ewart Centre, which currently has no outdoor space for patients. The Treadsafe Playground provides an indoor playground for therapists to use to assess and develop gross motor skills in a child



while they are engaged in a fun activity. Thank you to the Lions Club of Wellington for helping support child development through play.

Lastly, the Foundation have funded Hospi decals to brighten up the three Child Development Centres; Ewart, Kenepuru and Puketiro. Rachel Hardie, Child Development Service physiotherapist at Ewart, told us that, "It's great to have had Hospi decals installed as it really inspires the children we see, and makes our centre vibrant and child-friendly."

Thank you to all our supporters, for making improvements like these possible.

How you can help your hospitals

- Become a Well
 Wisher (Regular
 Giver) for an area
 in your hospital
 that means
 something special to you.
 To find out more or sign up, email:
 donations@whf.org.nz
- Make a one-off donation online at whf.org.nz/donate
- Leave a bequest Make an important contribution in the future, without affecting your current circumstances. Email: trish.lee@whf.org.nz to find out more.
- Volunteer at one of Wellington's hospitals, For more information, visit whf.org.nz/volunteer, or email: volunteer@whf.org.nz
- Hold a fundraiser to raise money for an area in hospital of your choice. Visit whf.org.nz/fundraise for ideas!

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Thank you to our Charity Partners:

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