

# When every second counts



From the moment a patient arrives in the Emergency Department, to their recovery at home, your support helps our incredible hospital teams provide the care needed to save lives - lives like Joe's.

A seasoned runner, Joe suffered a heart attack mid-marathon on his 80th birthday. Thanks to quick thinking bystanders and expert care at Wellington Regional Hospital – supported by equipment funded by donors like you – he survived. Read more in our newsletter.

## See how your generosity supports lifesaving care at every stage of a patient's journey

When someone experiences a cardiac event, every moment and every step of their hospital journey is critical.

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critically ill people cared for

### 1 Emergency Department – The First Response

Last year, Wellington Regional Hospital's expert ED team cared for **64,039** critically ill people. When a patient like Joe arrives at ED with severe chest pain, doctors must act fast to assess his condition. Without the right equipment, critical seconds could be lost, delaying urgent care.

**HOW DO YOU HELP?** Thanks to your generosity, donor funded ECG machines, pulse oximeters and vein finders help the medical team quickly diagnose and treat patients, ensuring they receive lifesaving care without delay.

**DID YOU KNOW?** Wellington Hospital's ED team are supported by 24 dedicated Foundation volunteers who provided assistance and comfort to patients and their whānau.



### 2 Radiology and Diagnostics – Finding the Problem

To determine the best course of treatment, doctors often need detailed imaging to diagnose a patient's condition.

**HOW DO YOU HELP?** Your donations have funded a second MRI scanner, providing fast, accurate diagnostics that guide lifesaving treatment for critically ill patients.

**DID YOU KNOW?** Every year, talented Foundation volunteers sew comfortable, single-use heart monitor pouches for patients undergoing 24-hour cardiac assessments.



### 3 ICU and Cardiology Ward – 24/7 Monitoring

After stabilisation, patients like Joe need continuous monitoring to ensure their condition doesn't worsen. Without the right technology, critical changes could go unnoticed.

**HOW DO YOU HELP?** Donor funded telemetry beds allow doctors to monitor heart activity in real time, ensuring immediate intervention if needed. Our caring community has also funded advanced medical simulators and training models, helping teams refine lifesaving procedures. Specialist echocardiogram beds and cardiac monitors ensure that even our youngest heart patients receive expert care. Families also benefit from your generosity with calm, welcoming spaces that offer a much needed respite.

**DID YOU KNOW?** Last year, **1,906 families** sat anxiously by a hospital bed, hoping their loved one would pull through after being admitted to the Intensive Care Unit for round the clock critical care. **6,681 families** waited for answers as their loved ones underwent urgent cardiac treatment. And there were **416 children** and young people, whose tiny hearts needed specialist care to give them the best possible future. **Your generosity means that families don't have to face life's most terrifying moments alone.**



### 4 Cath Lab – Restoring a Heartbeat

A Cath Lab (Cardiac Catheterisation Laboratory) is a special medical facility where specialists perform lifesaving procedures on patients like Joe, who received a stent and pacemaker to restore blood flow and support his heart function. Without training and state of the art equipment, these delicate procedures would be more challenging.

**HOW DO YOU HELP?** Your donations have funded REACT simulation programmes, ensuring Cath Lab teams are trained to handle emergencies in a hi-tech setting. Donors have also funded educational models that help patients better understand their treatment and recovery process.

**DID YOU KNOW?** Last year, the highly skilled specialists in Wellington Regional Hospital's Cath Lab performed **6,607** lifesaving procedures - that's around 18 patients every day receiving expert care that gives them a second chance at life.



### 5 Recovery and Rehabilitation – A Fresh Start

After surgery and treatment, patients need specialised rehabilitation support to regain their strength and return home. Without the right resources, recovery can be slow and challenging.

**HOW DO YOU HELP?** Your generosity funds rehabilitation equipment, physiotherapy tools, and other supportive care resources to ensure patients recover faster, regain confidence and return home to their loved ones.

## Your Support Saves Lives

The medical professionals in our regional hospitals bring expertise, compassion and dedication to every patient's care. But they can't do it alone. Your support ensures they have the best tools and resources at their fingertips.

Last year, **671,719** patients received care using donor funded equipment and resources across Wellington, Kenepuru, and Te Wao Nui Children's Hospitals.



Every dollar you give helps our incredible hospital teams save and change lives.

Donate today at  
**whf.org.nz**